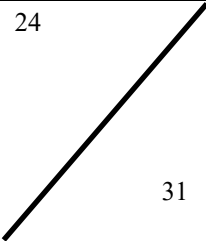


August 2025 Snack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
V = vegetarian Vegan = no meat, eggs, or dairy					1 AM: Potatoes O'Brien, Oranges <i>V & Vegan: ok</i> PM: Tuscan White Bean Dip with Jicama Sticks <i>V & Vegan: ok</i>	2
3	4 AM: Yogurt, Blueberries <i>V: ok; Vegan: No Yogurt</i> PM: Pinto Bean & Brown Rice Burritos <i>V & Vegan: ok</i>	5 AM: French Toast, Grapefruit <i>V: ok; Vegan: No French Toast</i> PM: Quinoa Primavera, Cucumbers <i>V & Vegan: ok</i>	6 AM: English Muffin, Strawberries <i>V & Vegan: ok</i> PM: Bow Tie Pasta & Roasted Vegetable Salad with Garbanzo Beans <i>V & Vegan: ok</i>	7 AM: Cheerios, Bananas <i>V & Vegan: ok</i> PM: Hard Boiled Eggs, Rolls <i>V: ok; Vegan: No Eggs</i>	8 AM: Scrambled Eggs, Pita <i>V: ok; Vegan: No Eggs</i> PM: Applesauce, Crackers <i>V & Vegan: ok</i>	9
10	11	12	13	14	15	16
<i>LMUCC CLOSED—Transition Week (August 11th-15th)</i>						
17	18 AM: Pancakes, Bananas <i>V: ok; Vegan: No Pancakes</i> PM: Avocado, Pita <i>V & Vegan: ok</i>	19 AM: Cottage Cheese, Blueberries <i>V: ok; Vegan: No Cottage Cheese</i> PM: Quesadillas, Apples <i>V: ok; Vegan: No Quesadillas</i>	20 AM: Bagels, Mozzarella Cheese <i>V: ok; Vegan: No Mozzarella Cheese</i> PM: Black Bean Roll Ups, Cucumbers <i>V & Vegan: ok</i>	21 AM: Oatmeal, Pears <i>V & Vegan: ok</i> PM: Tuscan White Bean Dip with Jicama Sticks <i>V & Vegan: ok</i>	22 AM: French Toast, Grapefruit <i>V: ok; Vegan: No French Toast</i> PM: Pinto Bean & Brown Rice Burritos <i>V & Vegan: ok</i>	23
24 	25 AM: Shredded Wheat Cereal, Cantaloupe <i>V & Vegan: ok</i> PM: String Cheese, Crackers <i>V: ok; Vegan: No String Cheese</i>	26 AM: Scrambled Eggs, Pita <i>V: ok; Vegan: No Eggs</i> PM: Baked Polenta Cakes with Marinara Sauce <i>V & Vegan: ok</i>	27 AM: Potatoes O'Brien, Oranges <i>V & Vegan: ok</i> PM: Hummus, Pita <i>V & Vegan: ok</i>	28 AM: English Muffin, Strawberries <i>V & Vegan: ok</i> PM: Applesauce, Crackers <i>V & Vegan: ok</i>	29 AM: Cream of Wheat, Watermelon <i>V & Vegan: ok</i> PM: Quesadillas, Apples <i>V: ok; Vegan: No Quesadillas</i>	30
31						